

# WOMEN CONNECT

**A PSYCHOTHERAPY GROUP for women dealing with traumatic life events/relationships, family difficulties, and/or grief & loss.**

- Do you need support? Relationship change? To nurture yourself?
- Want to better understand yourself, your needs and better manage emotional difficulties?

Group therapy is an effective, and sometimes preferred, treatment option for many emotional challenges. Join group to gain support, sense of hope, and emotional growth/healing. Group members develop personal/relationship insights by connecting with others and sharing personal emotional experiences. This virtual psychotherapy group is led by an experienced, certified group psychotherapist.



**What: Women Connect Psychotherapy Group**

**When: Tuesdays, 12:00-1:00 PM**

**Where: ONLINE, using a secure videoconferencing platform**

**Group Leader: Debra Sloane, PsyD, BCBA, CGP**

**Fee: \$75 per group session**

Group membership requires an initial consultation with Dr. Sloane and signed agreements with group confidentiality and group participant forms. Contact Dr. Sloane @ Beachside Counseling & Wellness: 321-327-3793 to set up an initial consultation.

For more information about groups or counseling options:

[www.BeWellCounseling.net](http://www.BeWellCounseling.net)