

# Susie Bond, RDN, LDN

phone: 321.327.3793

fax: 321.327.7914

NutritionistOnCall@gmail.com

---

## Nutrition Counseling Policies

### ABOUT

Susie is a Registered Dietitian/Nutritionist (RDN) licensed to practice in Florida. Your initial consultation will include a medical history review and assessment of your current nutritional status, needs & questions, based on information you provide. Together we will develop a personalized approach that will work for your lifestyle. Regular follow-up sessions are recommended for nutrition counseling to be the most successful & enjoyable!

### CURRENT RATES

90 Minute Initial Consultation: \$145

30 Minute Follow-up Session: \$55

Follow-up Packages: 4 (30 minute) follow-ups for \$165 (\$55 savings)

Group rates: Contact Susie

### LOCATION OF SERVICES

Consultations take place at Beachside Counseling & Wellness in Indialantic, 122 Fourth Ave., #200

### PAYMENT DUE AT TIME OF SERVICE

Check payable to Susie Bond, RDN (\$25 charge for returned checks)

Cash (please note, change is not kept on hand)

Credit cards

### SCHEDULING

Call 321.327.3793 to schedule. Please notify Susie by phone, text or email as soon as possible if you need to reschedule or cancel an appointment. If you arrive late, the session will end at the scheduled time regardless of when it began and the full session fee is expected.

### NO-SHOW/LATE CANCELLATION FEES

If you miss an initial appointment without notice, full payment is expected before the next appointment can be scheduled.

No-show or late cancellation (less than 24 hours notice) fee for follow-up visits: \$25

## NUTRITION SERVICES & TOPICS FOR DISCUSSION

- Individualized nutrition assessment, intervention, and monitoring
- Weight management
- Intuitive eating
- Eating disorder recovery support
- Digestive issues
- Food allergies
- Medical nutrition therapy—diabetes, renal disease, cardiovascular disease, hypertension, oncology
- Nutrition for athletic performance
- Pediatric nutrition
- Women's health-- pre- and post-natal nutrition, PCOS, PMS, menopause

- Meal Planning
- Healthy Eating