



Hi,

My name is Sherry and I am a breast cancer survivor. I am writing you this letter to welcome you to my world and the world of thousands of other women who have a relationship with breast cancer.

Maybe welcome isn't the right word, but I just want you to know that you are not alone, as there are many of us going through different phases and situations — similar to what you are now beginning to experience.

I, too, know that this is a scary time for you and that is why I also want to introduce you to *Driven by Heart*.

All of our situations are unique, but the common thread is cancer and how we view our cancer makes a huge difference for recovery.

I am a ten-year cancer survivor and living my life just as I did before cancer with only a few differences. My gusto for life, friends and family has taken a front row seat and my bucket list has grown and been put into action. I have made new friends due to my cancer. You can meet them at our "girls" meetings which are designed to empower and support gals like us. Take advantage of those things that will help you travel through your journey.

Know that you are not alone **never**. Know the power of a warm smile. Like the one I have for you right now I hope to meet and give you that smile in person, plus a hug to go with it.

Sherry ♥

Email me: SherryPalmer@DrivenbyHeart.org Or
Call me: 321.474.6900

What Happens at the Driven by Heart Offices *Every Month*

- ◆ **BAGELS & COFFEE** — 1st Wednesday ... 10am to 11am
- ◆ **MONTHLY SPEAKER SERIES** — 1st Wednesday ... 6pm to 8pm
- ◆ **OVER 50 GIRLS** — 2nd Wednesday ... 6pm to 7:30pm
- ◆ **MBC GIRLS (METASTATIC)** — 4th Tuesday ... 6pm to 7:30pm
- ◆ **UNDER 50 GIRLS** — 4th Wednesday ... 6pm to 7:30pm

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FIGHTING BREAST CANCER TOGETHER

Be the kind of
woman
that when your feet
hit the floor
each morning
the devil says,
**"Oh crap,
she's up!"**

The *Driven by Heart* office is
open Monday & Wednesday
from 9am—1pm

But ALWAYS by appointment.

Phone: 321.474.6900

Don't look backwards That's not the direction you are going.