

## COVID – 19 Policies for Beachside Counseling & Wellness, LLC

As the state of Florida re-opens, the risk of spreading the new coronavirus is greater as more people get out and mingle. We know from the CDC that people can be carriers for the virus without showing any symptoms and unwittingly infect others.

In order to protect you, our clients, our staff, ourselves and our families, Beachside Counseling & Wellness, LLC will implement the following policies and procedures effectively immediately:

1. We will continue to offer and encourage telehealth sessions for all appropriate clients. You will be asked to read and sign an informed consent that details the benefits and risks of telehealth and the procedures involved.
2. Each individual clinician will determine whether and for whom *in-person* sessions are safe and appropriate.
3. Clients who come into the office will be asked to:
  - a. **Either wear a mask or wait in your car** until you are called in for your appointment. Your clinician will text you when you can come up.
  - b. **Come alone** or leave family members in the car if they must come with you.
  - c. **Wash your hands** or use hand sanitizer before and after coming into the office.
  - d. **Stay home if you have any symptoms whatsoever.** These include, but are not limited to: fever, cough, shortness of breath, body aches, red/purple lesions on your toes, nausea, diarrhea or other GI symptoms.
  - e. **While seasonal allergies** are not symptoms of COVID, the sneezing, coughing and runny nose associated with these can still spread the virus if it is present.
4. Payment for services will be done through contactless methods whenever possible. Our front desk staff will wear protective masks and gloves whenever they have face-to-face interaction with you or need to handle your credit card.
5. We will clean and sanitize surfaces between each human contact and ask you to refrain from touching your face, nose, eyes or mouth.

As new information and guidelines become available, we will do our best to implement procedures that mitigate the risk of anyone who comes into contact with our office.

Thank you for your cooperation and patience as we navigate this very difficult time together.

Sincerely,

Lucy Lauer, LMHC  
Beachside Counseling & Wellness, LLC

**Established May 8, 2020**