

NEW CLIENT INTAKE FORM - PEDIATRIC

DEMOGRAPHIC INFORMATION

Child's name: Birthday:

Lives with:

Address:

Parent/caregiver phone number(s):

Parent/caregiver email address:

Number of people living in household:

Grade in school:

Reason for visit with the dietitian:

Primary physician/healthcare provider(s):

Phone:

WEIGHT HISTORY

Please enter your child's current weight, height and any other weight-related history you'd like to share, such as growth patterns.

Weight: lbs Height/length: inches

Any recent weight gain or loss? Amount: Time frame:

Was this weight change intentional/unintentional? Please explain.

MEDICAL HISTORY

LAB RESULTS

Please enter your child's most recent lab results below, if applicable:

Lab Test	Results	Date Taken	Comments/Other Details
Total cholesterol			
LDL-cholesterol			
HDL-cholesterol			
Triglycerides			
A1c			
Blood sugar			
Hematocrit & hemoglobin			
Blood pressure			

MEDICAL HISTORY CONT.

How many meals away from home does your child eat every day?

Which meals?

Does your child avoid any specific foods, such as meat or vegetables? Yes No

If yes, please specify:

If possible, describe a typical day for your child in terms of what he/she eats & drinks at meals and for snacks:

What are your child's favorite foods?

Least favorite foods?

Does your child eat candy, sweets, processed snack foods or soda? Yes No

If yes, please specify foods and amount per week (generally)

Who does the food shopping and cooking in your home?

What, if any, concerns do you have about your child's appetite or diet today?

SLEEP

Bedtime:

Hours per night:

OTHER QUESTIONS

What other questions to you have in regards to nutrition and diet?