

## Client Personal Data

Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_

Occupation \_\_\_\_\_ Education \_\_\_\_\_

If client is a minor, what school does (s)he attend? \_\_\_\_\_ Grade: \_\_\_\_\_

Current Living Situation \_\_\_\_\_

Marital/Partner Status \_\_\_\_\_ How long together? \_\_\_\_\_

Partner's Name \_\_\_\_\_ Age \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Children	Age	Sex	Siblings	Age	Sex
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

; time?

What prompted you to call at thi

Previous Therapist(s) and approximate dates you saw them:

Primary Care Physician: Dr. \_\_\_\_\_ Phone \_\_\_\_\_

Psychiatrist: Dr. \_\_\_\_\_ Phone \_\_\_\_\_

Other Physician: Dr. \_\_\_\_\_ Phone \_\_\_\_\_

Do you currently have a living will or advanced directive?      ☐ Yes      ☐ No

**Please complete the other side of this form.**

**Name:** \_\_\_\_\_

**Page 2 of 2**

Please mark items in the following list with **Hx** if you have a **history** of these symptoms, and **Pr**, if you are **presently** experiencing them.

<input type="checkbox"/> Anger Problems	<input type="checkbox"/> Head Injury	<input type="checkbox"/> Change in Appetite
<input type="checkbox"/> Computer Addiction	<input type="checkbox"/> Unhappiness	<input type="checkbox"/> Disturbed Body Image
<input type="checkbox"/> Thyroid Problems	<input type="checkbox"/> Digestive Problems	<input type="checkbox"/> Memory Problems
<input type="checkbox"/> Dizziness or Fainting	<input type="checkbox"/> Pounding Heart	<input type="checkbox"/> Numbness
<input type="checkbox"/> Headaches	<input type="checkbox"/> Muscle Tension	<input type="checkbox"/> Depression
<input type="checkbox"/> Nightmares/Trouble Sleeping	<input type="checkbox"/> Weight Problems	<input type="checkbox"/> Guilt
<input type="checkbox"/> Heavy Drinking	<input type="checkbox"/> Low Energy	<input type="checkbox"/> Racing Thoughts
<input type="checkbox"/> Drug Abuse	<input type="checkbox"/> Excess Energy	<input type="checkbox"/> Binge Eating
<input type="checkbox"/> Suicide Thoughts	<input type="checkbox"/> Panic Easily	<input type="checkbox"/> Blackouts
<input type="checkbox"/> Feelings of Inadequacy	<input type="checkbox"/> Mood Swings	<input type="checkbox"/> Phobia(s)
<input type="checkbox"/> Cold Hands and Feet	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Fatigue
<input type="checkbox"/> Unpleasant Ideas Stay in Head	<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Change in Sex Drive
<input type="checkbox"/> Suicide Attempt	<input type="checkbox"/> Purging	<input type="checkbox"/> Other _____

**Current or Past Stressors or Problems with:**

☐ Occupation/Career    ☐ Marriage/Relationship    ☐ Legal System    ☐ Loss of Loved One  
☐ Finances    ☐ Parenting    ☐ Emotional or Verbal Abuse    ☐ Physical or Sexual Abuse  
☐ Social Life (Isolation, conflict, etc)    ☐ Medical/Health Concerns    ☐ Chronic Pain

**Current Medications (both prescribed and over-the-counter)**

\_\_\_\_\_  
\_\_\_\_\_

**Please list any medication allergies:** \_\_\_\_\_

**Hospitalizations:** Please list reasons and approximate dates of any hospitalizations.

\_\_\_\_\_  
\_\_\_\_\_

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**Any other information that might be helpful to your therapy:**

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